22.06 FRI

23.06 SAT

24.06 SUN

CYCLING ADVENTURE TALES

8pm The Glens Centre, Manorhamilton

Twenty-eight year old Limerick adventurer, William Bennett, recently home from his around the world cycle will be presenting a talk on his journey. Over the last three years. William has cycled over 58,000 kilometres across five continents, traversing the length of Europe, Asia, Australia, South America and Africa solely by bicycle. He will detail his fifty-eight country journey, explaining the exhilarating highs and crushing lows of such an adventure and why, after this journey, he now holds an overwhelmingly positive view of the world.

Mary Russell is a Dublin-based writer. Her first book was about women travellers and explorers, The Blessings of a Good Thick Skirt, and included a section on early cyclists including one woman who, riding her brakeless bike down a steep mountain track, tied a branch of a tree to the back of it to slow her descent. Mary's most recent book, My Home is Your Home, is an account of her travels round Syria, on foot and by bike, in the period leading up to the war. It was a fascinating journey when she experienced a degree of hospitality which would leave Ireland of the welcomes standing. Even the lumpy beds and the schools inspector who wanted to share his pornographic movies with her failed to diminish her appreciation of this historic country and its peoples.

FREE - Booking Advised - www.theglenscentre.com Camping Available - email leitrimcyclingfestival@gmail.com to book



BIKE HIJINKS

The Castle Cafe. Manorhamilton

Morning Loop – 10km 10am

Dust off your bicycle for a leisurely cycle down quiet country lanes.

11am

Have a go on the Scary-Go-Round, if you dare! An alternative fun fair ride made by the mad inventor and artist Paddy Bloomer.

Check out our Bike Display to see a range of bikes from fully loaded cycle touring and bike packing bikes to locally crafted bamboo bikes.

Hop on the Cycle-Powered Smoothie Maker by Nua Naturals.

Find out how to **Decorate Your Bike** with willow flags.

The Campervan of Sound will be parked up for an open music session, hosted by 'The Knotted Chords' duo. All are welcome to drop by and get stuck in for a few tunes!

Test your bike skills and balance with our Bike Olympics.

12pm Try your hand at a **Bicycle Tyre Printing** Workshop with Phoebe - 2pm and Liz from Manorhamilton Print Group. A Cruinniu na nOg event.

Go on a Heritage Walk around Manorhamilton town with Margaret 12pm Connolly, Leaving the castle at midday.

Go on a short 5km Cycling Picnic. Perfect for families and young 1pm children. Leaving the Castle at 1pm.

BONFIRE NIGHT CAMPOUT

3pm - 3.30pm Cycle Registration at The Castle Cafe

3.30pm Take the 25km scenic route to Dromahair via Lurganboy, the Doons and Lough Gill.

Make your own way back to Manorhamilton (13km) or bring your camping gear to stay in Dromahair at our secret campout location. Discover the village of Dromahair and check out the local pubs and restaurants.

Cycle to the 5 roads crossroads to enjoy a blazing bonfire and an **9pm** evening of dancing at the crossroads and live traditional music. Note: this event is not organised by LCF but you are welcome to go along.

> Email leitrimcvclingfestival@gmail.com to book a space at the campsite

BREAKFAST BBQ

10am Secret Campout Location

Happy campers will wake up to the smell of a hearty breakfast.

THE GREAT GREENWAY CYCLING CIRCUS CARNIVAL

2 - 4pm SLNCR stretch, Dromahair

Parade of cycles: Tricycles, bicycles, unicycles, tandems, 'tagalongs', black 'Nellies', Penny Farthings, mountain bikes, folding bikes, BMX's, road bikes, hybrid bikes, and and and......

Surprise - 'the unveiling' of the 'Gluais Linn' Trishaw

Slow Bicycle Race

Circus Fancy Dress - Prizes for :

Best dressed cyclist & cycle and Best dressed couple & cycles

Cycle Theatre - Lough Gill Players - Treasa Nealon

Gazebo Big Top Tea Time at Edergole cottage, tea & coffee served with tray bakes & buns & lots of sweeties

Instruments of Brass - All mixed up with trad & tin whistles